

#### **ABCO Pilates Reformers Accessories**

## **ABCO Pilates Reformer Box**

Optional box 720mm long x 380mm wide x 280mm high.

Soft vinyl covering on sides and base.

40mm foam on top.

Adjustable foot strap attaches to wooden foot boards on ABCO

Pilates Reformers



Product Code: PLA10

# The ABCO Pilates Reformer Jump Board

Optional Jump Board / trampoline to suit ABCO Pilates Reformers with wooden foot boards.

Fits into brackets on Reformer base and is supported by handwheels

Product Code: PLA022



## **ABCO Reformer Mat Assy.**

Optional Mat Assembly to turn your ABCO Pilates Reformer [with extruded rails] into a setting for a Mat session.

1125mm long x 600mm wide

The Mat Assembly is positioned on the reformer with the carriage fully back

Upholstered to match your reformer in black vinyl.

Product Code: PLA025



#### **ABCO Pilates BackBender**

Optional BackBender to suit floor use or ABCO Pilates Reformers. When used on the Reformer, the foot bar is raised and all springs engaged.

Can also be used as a seat for support during pregnancy [PreggyProp]

Product Code: PLA03

### **ABCO Replacement Spring Set**

Includes 3 x standard, 1 x medium and 1 x light spring

Product Code: PLA11

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